



## Message from the Chairman

Summer 2018

Dear Colleague,

In this issue we highlight the expansion of Columbia's renowned Clinical Breast Cancer Program, under the direction of [Roshni Rao, MD, FACS](#), to include women with high risk for developing breast cancer and those with benign breast disease.

We also have a report on new clinical trials offering minimally invasive treatment of breast tumors.

The rest of our articles focus on our recent advances in treating endocrine and gastric tumors.

Below you'll find reports on clinical trials, surgical treatments, and targeted therapy, as well as a helpful Q&A on gastric cancer screening and prevention with information about a new trial on immunotherapy.

I hope you will join us for our upcoming CME courses. Please visit us at [columbiasurgeryCME.org](http://columbiasurgeryCME.org).

View our [newsletter site here](#).

Craig R. Smith, MD, FACS

Chairman, Department of Surgery

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## **Expanding Columbia's Renowned Clinical Breast Cancer Program**

[Roshni Rao, MD](#), our new Chief of Breast Surgery, is expanding our services and locations. Her goal is to make Columbia the premier center for breast care in the nation, focusing not only on patients with breast cancer, but on those with genetic mutations who carry a high risk for developing it, and those with benign breast disease.

[Read more](#)

*To make an appointment with Dr. Roshni Rao or the breast surgery team, please call 212.305.9676.*

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## **Clinical Trials Offer New Minimally Invasive Treatment for Breast Tumors**

[Margaret Chen, MD, FACS](#), is currently enrolling patients in two multicenter trials designed to minimize the impact of breast tumor treatment on a woman's body. One explores cryoablation, and the other is studying high frequency ultrasound.

[Read more](#)

*To enroll a patient in either of these trials, please call Dr. Chen at 212.305.9676.*

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## **Gastric Cancer: Risks, Prevention, and the Promise of Immunotherapy**

Because gastric cancer often causes no symptoms, this disease is generally diagnosed at a late stage when it is more difficult to treat. In the following Q&A, we talk about risks, prevention, and a new trial for the treatment of gastric cancer, with [Beth Schrope, MD, PhD](#), Associate Professor of Surgery at Columbia University Medical Center and a leading expert in this field.

[Read more](#)

*To refer a patient, please call 800-CU-SURGE.*

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## New Options for Treating Adrenocortical Carcinoma

The Adrenal Center at NYP/Columbia is pursuing an innovative approach to metastatic adrenocortical carcinoma (ACC). “Chemotherapy may decrease progression-free survival by three months, but overall survival remains unchanged. That’s why we’re pursuing new options,” says [Michael D. Kluger, MD, MPH](#). Dr. Kluger is currently leading a clinical trial to explore surgical resection of patients with metastatic ACC with [Dr. Tito Fojo](#), an internationally recognized medical oncologist specializing in neuroendocrine malignancies.

[Read more](#)

*To enroll a patient in this trial, please call Dr. Kluger at 212.305.6514.*

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## Advances in Treating Gastrointestinal Stromal Tumors (GISTs)

NYP/Columbia is known for its success in treating gastrointestinal stromal tumors (GISTs) of the stomach and small intestines. Our surgeons operate on a high volume of patients with this rare condition, helping approximately 50 individuals each year. Our oncologists have made significant advances with targeted therapy that allows them to shrink the patient’s tumor prior to surgery and prevent recurrence afterward, greatly increasing survival rates.

[Read more](#)

*To refer a patient, please call 855.CU-SURGE.*

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*We now have multiple locations in Manhattan, Brooklyn, and Westchester County, New York.*

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## Research Papers and Presentations

[Breast](#)

[Colorectal](#)

[GI](#)

[Immunology/Transplantation](#)

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## CME Programs



Title:	Date:	Credits
Columbia Pediatric Heart Valve Symposium: From Bench to Bedside	05/30 - 05/31/2018	10.25
The Fifth Annual Cardiovascular Summit 2018: A Multidisciplinary Team Approach	10/18 - 10/19/2018	11.50
Essentials in Pain Management: Update 2018	11/13/2018	7.50
Hernia Surgery Summit (formerly Abdominal Wall Reconstruction Summit)	02/07 - 02/09/2019	pending
The 15th International Conference on Pediatric Mechanical Circulatory Support Systems & Pediatric Cardiopulmonary Dysfunction	05/09 - 05/11/2019	pending

CME Programs available [here](#).

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## Webinars

Our vast library of videos and webinars is available 24/7 for your convenience.

Cardiovascular Webinars for physicians are available [here](#).



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## Patient Referral

To refer elective patients, call 212.304.7810.  
Email, [info@columbiasurgery.org](mailto:info@columbiasurgery.org).

Urgent and emergency transfers: 1.800.NYP.STAT.

[Physician Referral Form](#).

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