

## **SLEEVE GASTRECTOMY SURGERY**

### Schedule of Supplements

<b><u>Time</u></b>	<b><u>Supplements</u></b>
After Breakfast	2 children's chewable or 1 adult multi-vitamin/mineral 500-600 mg calcium with Vitamin D 500 mcg <i>sublingual</i> Vitamin B <sub>12</sub>
After Lunch or Dinner	500-600 mg calcium with Vitamin D 1,000 IU Vitamin D