

Pre-Bariatric Surgery/Weight Management Support Group

Insurance requires monthly weight management prior to undergoing weight loss surgery. This group offers a sense of community during the pre-operative process, while providing helpful tools to assist you along your path to a healthier lifestyle and better you. Moderated by Lauren Skolnick, LCSW.

Location: Milstein Hospital Building, Reemtsma Conference Room, Floor 7, Room 213

Date/Times:

Monday, February 13 / 9:00-10:30am

Tuesday, February 21 / 3:00-4:30pm

Monday, March 6 / 9:00-10:30am

Monday, March 13 / 3:00-4:30pm

Monday, April 3 / 9:00-10:30am

Tuesday, April 18 / 3:00-4:30pm

Monday, May 8 / 9:00-10:30am

Monday, May 22 / 3:00-4:30pm

Friday, June 9 / 9:00-10:30am

Monday, June 19 / 3:00-4:30pm

Wednesday, July 5 / 3:00-4:30pm

Monday, July 17 / 9:00-10:30am

Tuesday, August 1 / 9:00-10:30am

Monday, August 21 / 3:00-4:30pm

Tuesday, September 5 / 9:00-10:30am

Monday, September 18 / 3:00-4:30pm

Monday, October 2 / 9:00-10:30am

Tuesday, October 17 / 3:00-4:30pm

Monday, November 6 / 9:00-10:30am

Monday, November 20 / 3:00-4:30pm

Monday, December 4 / 9:00-10:30am

Monday, December 18 / 3:00-4:30pm