

# Lung Transplant Recipient & Caregiver Support Groups

Are you a lung transplant recipient or family member of someone who has had a lung transplant? Please join us for our virtual support groups to connect with others who have already been through the transplant process! We typically meet 7-8 times a month and you are welcome to come to as many groups as you would like.

See below for the types of meetings we have:

- Post-Transplant Support Group: This group is open to all post-lung transplant recipients, regardless of how far out from your lung transplant you are! We meet 4-5 times a month. This is for lung transplant recipients only.
  - **Special Interest Groups:**
    - There is a group specifically for those who are 5+ years post-transplant. We meet every other month.
    - We also have a young adults group, specifically for recipients in their 20s and 30s. We meet every other month.
- Caregiver Support Group: This group is open to spouses, caregivers, family, friends & loved ones of post-lung transplant recipients. We meet twice a month. This group is not for recipients.
- We have a monthly Speaker Series, which is open to both recipients and families. Invited speakers will share their insights on various topics of interest, as well as make themselves available for Q&A.

Interested in receiving the virtual meeting information, weekly reminders, and being notified about schedule changes/speaker announcements? Please contact Clinical Coordinator Michelle Comery, LCSW at [ml4932@cumc.columbia.edu](mailto:ml4932@cumc.columbia.edu) to be added to the email list!