



Message from the Chairman

Winter 2018

Dear Colleague,

In this newsletter, we describe our comprehensive program for pediatric liver transplant patients who are transitioning to adult care. We also report on our progress identifying parathyroid disease and our major referral center for adrenal cancer.

Researchers from our COMMiT program, at the Center for Metabolic and Weight Loss Surgery are breaking new ground, discovering the mechanisms of obesity. Dr. Roshni Rao, chief of the Breast Surgery

Program at NYP/Columbia, was recently featured on ABC-TV's special [Breast Cancer: Encouraging New Options](#). In addition, we have a patient story highlighting Dr. Jeffrey Ascherman's work in breast reduction surgery.

I hope you will join us at one of our CME programs listed [here](#). View our other newsletters [here](#).

Best regards,

Craig R. Smith, MD, FACS

Chair, Department of Surgery

[New Transition Program for Teens and Young Adults with Liver](#)

Transplants

The Center for Liver Disease and Transplantation at NYP/Columbia has created a new program to help pediatric liver transplant patients transition to adult care. Data has demonstrated higher rates of rejection, loss of organs and mortality rates up to 30%, following transfer to adult providers. We started this program to provide adolescents and young adults with stronger follow-up and prevent them from losing ground.

[Read more](#)

To refer a patient to the CLDT, please call 212.305.3000.

Progress Identifying Parathyroid Disease

The Columbia Parathyroid Center is spearheading a new approach to this generally benign condition. The Center evolved from a multidisciplinary thyroid clinic established at Columbia Presbyterian Medical Center more than 60 years ago, and is now led by Shonni Silverberg, MD, one of the world's medical experts in metabolic bone and parathyroid disease and [James A. Lee, MD](#), a pioneer in the minimally invasive surgical treatment of parathyroid disease. Dr. [Jennifer Kuo](#) recently performed the first transoral parathyroidectomy vestibular approach at Columbia for a localized parathyroid adenoma. This novel approach, adopted from Thailand, allows the safe removal of parathyroid or thyroid glands from the oral vestibule without any scar on the neck.

[Read more](#)

To refer a patient, please call 212.305.0442.

Major Referral Center for Adrenal Cancer

The Columbia Adrenal Center has become one of the country's magnet centers for the treatment of pheochromocytoma and paraganglioma, rare tumors that produce adrenaline. With the addition of [Dr. Tito Fojo](#), we are pushing the boundaries for treating and studying adrenal cancers.

[Read more](#)

For patient referrals, please call 212.305.0442.

Diabetes and Obesity

A disorder in the gut-brain-hormonal axis is thought to have a key role in the development of insulin resistance, diabetes and obesity. Changes in these hormones may explain why bariatric surgery has a greater effect on diabetes and sustained weight loss than diet and exercise.

[Read more](#)

To refer a patient to Columbia's Center for Metabolic and Weight Loss Surgery, please call 212.305.4000.

Preventing Respiratory Compromise After Surgery

Columbia faculty have launched an initiative to reduce Respiratory Compromise (RC), a common in-hospital complication after surgery and other procedures. Monica Goldklang, MD, a pulmonologist, tells clinicians what patients are at risk for RC, how to monitor them, and why it is cost-effective to address this condition early on.

[Watch our webinar on this topic.](#)

[Read more](#)

Patient Story: After Breast Reduction Surgery

No more back pain, better quality of life

At age 54, Levella Haile went to Dr. Jeffrey Ascherman for a breast reduction surgery that would change her life, allowing her to sit at the computer without her bra straps leaving excruciating welts in her shoulders, severe back problems, and pain radiating down in her arms and fingers. It took her almost a decade to seek help for a worsening situation that she assumed was related to her weight.

[Read more](#)

To refer a patient to Dr. Ascherman, please call 212.305.9612.

Research Papers and Presentations

[GI presentations and publications](#)

[Transplantation presentations and publications](#)

[Plastic Surgery presentations and publications](#)

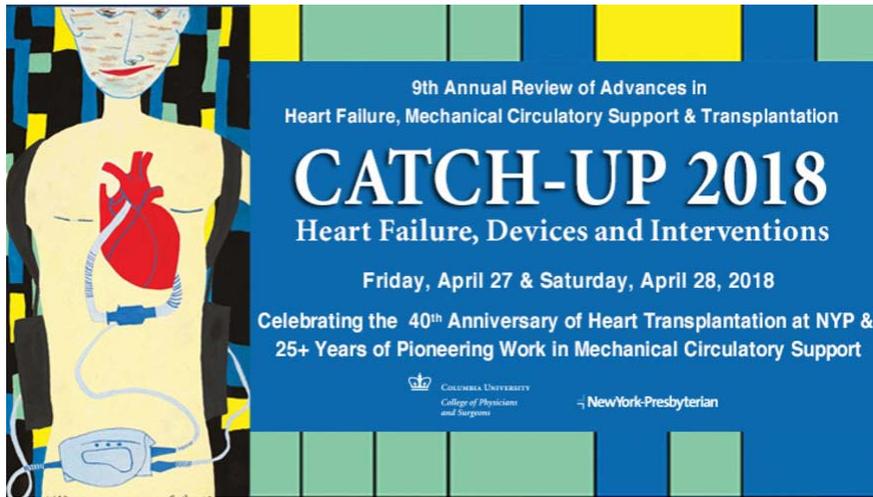
CME Programs



[The 9th Annual Abdominal Wall Reconstruction Summit](#)



[Pancreas Symposium 2018: Current Controversies in Benign Pancreatic Disease](#)



[CATCH-UP 2018: 9th Annual Cardiac Assist Device Therapy Course](#)



[Breast Cancer Management 2018](#)



[Congenital Heart Valve Symposium at Columbia: From Bench to Bedside](#)



[The Fifth Annual Cardiovascular Summit 2018](#)

Webinars

Our vast library of videos and webinars is available 24/7 for your convenience.

Cardiovascular Webinars for physicians are available [here](#).



Patient Referral

To refer elective patients, call 212.305.7013 or 212.304.7810.
Email, info@columbiasurgery.org.

Urgent and emergency transfers: 1.800.NYP.STAT.

[Physician Referral Form](#).
